



The Gospel of Luke

This is the Life:

Embracing the Identity of Jesus and Ours in Him.

Lord of the Sabbath, based on Luke 6:1-11 ESV.

Ice Breaker Questions

- 1) What was your favourite vacation you have ever been on and name one highlight?
- 2) Excluding Jesus, what person from history would you add to Mount Rushmore?

About You Questions

- 1) Did anything stand out to you about the sermon?
- 2a) Why do you think as a society we struggle with the concept of rest? 2b) Why do you personally struggle to rest?
- 3) If you were given a day to rest - what would you want to do? Is this different than what you should do?
- 4) In Luke 6:9, Jesus says, "I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?" Can you think of how, we as Christians, can sometimes have attitudes that seek to destroy life rather than save life? You can think of either Christianity in general or examples from your own life.
- 5) Pastor Phil described legalism as attempts to gain favour with God or impress our fellow man as an outward expression and not a repentance of issues within ourselves. Do you struggle with legalism in any areas in your life?

Into the Bible Questions

- 1) Read Psalm 46, what does this Chapter teach us about finding rest in God?
- 2) If we look at Jesus' life as a whole, how can we understand His example of working & resting as standard for us to walk in?

Application Questions

- 1) Describe your upcoming week. and answer the question of how will you balance the tension between working and resting in your circumstance.
- 2) Are there any practical teaching from this sermon that you feel you need to carry forward into application?

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